

Kate Nesar Leadership and Executive Coach



Kate Nesar is a Professional Certified Coach with more than 8 years' experience specialising in leadership executive coaching.

Kate specialises in working with coaching clients to explore their authentic leadership styles, and to find ways to develop themselves as more effective leaders. This may address areas such as building high-performance teams, managing and delegating to staff, managing upwards, understanding different behavioural and thinking preferences and how they impact on performance, developing effective communication strategies and styles, public speaking and executive presence.

Prior to working as an executive coach, Kate was a senior executive in the public sector, with twenty years' experience across many public sector roles, spanning service delivery, policy and central agency roles. Her final role in the public sector was as Chief Finance Officer for a medium sized department.

Recent Experience

Kate has coached more than 700 clients from over 30 public sector departments and agencies including many staff posted overseas. These clients have ranged from administrative staff through to Senior Executives and heads of statutory agencies.

Kate has also held the positions of President of the ACT Branch of the ICF and Director, Professional Development ICF Australasia Board.

Areas of Expertise

- Executive and leadership coaching
- Leadership development programs
- High performing teams
- Coaching and mentoring training

Client organisations

- Department of Foreign Affairs and Trade
- Department of Prime Minister and Cabinet
- Department of the Environment
- Department of Infrastructure
- Department of Finance
- Department of Defence
- Department of Agriculture
- Department of Health
- Department of Education
- Department of Industry
- IP Australia
- Australian Institute of Health and Welfare
- National Museum of Australia

Qualifications

- Graduate Diploma, Ontological Coaching
- Professional Certified Coach and Coach Mentor (International Coach Federation)
- Certified Organisational Coach
- Level 3 coach, and coach supervisor with the Institute of Executive Coaching and Leadership
- Certified Practitioner, DiSC Personal Profile System, ACER career assessment tool, and TLS 360 degree feedback tools
- Graduate Diploma, Accounting
- Bachelor of Science (Psychology major)
- Fellow, Australian Institute of Management

Contact

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